




2025

July

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Happy Birthday</div> <div>Ellen Engels 07/05 Edmund Nerz 07/16 Rosemary Barger 07/26</div> <div>Rosalyn Tarullo 07/23 Dawn Preneveau 07/17</div> 		<div>1</div> <div>Fitness Liquid Flow Class 10-11am (PL)</div> <div>Buddy Swim 1:30-4pm (PL)</div> <div>Resident's Meeting 3-4am (CR)</div>	<div>2</div> <div>Fitness H2O Class 9:30-10:30am (PL)</div> <div>Buddy Swim 1:30-4pm (PL)</div> <div>Hamilton Parc's Farmer's Market 5-8pm</div>	<div>3</div> <div>MELT Class 9:30-10:30am (DMR)</div> <div>Special Shopping Trip Whole Foods 12pm</div> <div>Buddy Swim 1:30-4pm (PL)</div>	<div>4</div> <div>Happy 4th of July Office Closed</div> <div>4th of July BBQ 5pm (CY)</div> <div>Fireworks Begin at 8pm</div>	<div>5</div> <div>Breakfast With Your Neighbor 8:30-9:30am (CR)</div> <div>Movie Time Resident's Choice (THR)</div>
<div>6</div> <div>Sunday Matinee Resident's Choice (THR)</div> <div>Bonfire - Weather Permitting 6:30-7:30pm (CY)</div>	<div>7</div> <div>Series Social "The Residence" (1-2) 11am-2pm (THR)</div> <div>Chair Yoga Session 2-3pm (DMR)</div> <div>Stitch &amp; Sip 3:30-4:30pm (LBR)</div>	<div>8</div> <div>Fitness Liquid Flow Class 10-11am (PL)</div> <div>Series Social "The Residence" (3-4) 11am-2pm (THR)</div> <div>Buddy Swim 1:30-4pm (PL)</div>	<div>9</div> <div>Fitness H2O Class 9:30-10:30am (PL)</div> <div>Series Social "The Residence" (5-6) 11am-2pm (THR)</div> <div>Hamilton Parc's Farmer's Market 5-8pm</div>	<div>10</div> <div>MELT Class 9:30-10:30am (DMR)</div> <div>Series Social "The Residence" (7-8) 11am-2pm (THR)</div> <div>Buddy Swim 1:30-4pm (PL)</div>	<div>11</div> <div>Zumba 10am (DMR)</div> <div>Shopping Trip Price Chopper 12pm</div> <div>Buddy Swim 1:30-4pm (PL)</div> <div>Trivia Friday 2-3pm (CR)</div>	<div>12</div> <div>Breakfast With Your Neighbor 8:30-9:30am (CR)</div> <div>Poker Game 1-2pm (TVN)</div> <div>Movie Time Resident's Choice (THR)</div>
<div>13</div> <div>Sunday Matinee Resident's Choice (THR)</div> <div>Book Club Meeting "Hotel on the Corner of Bitter &amp; Sweet" by Jamie Ford 2pm (LBR)</div> <div>Bonfire - Weather Permitting 6:30-7:30pm (CY)</div>	<div>14</div> <div>Movie Time "The Accountant" 11am-1pm (THR)</div> <div>Buddy Swim 1:30-4pm (PL)</div> <div>Chair Yoga Session 2-3pm (DMR)</div> <div>Stitch &amp; Sip 3:30-4:30pm (LBR)</div>	<div>15</div> <div>Fitness Liquid Flow Class 10-11am (PL)</div> <div>Nutrition Workshop with Christina Paddon 2-3pm (CR)</div> <div>Buddy Swim 1:30-4pm (PL)</div>	<div>16</div> <div>Fitness H2O Class 9:30-10:30am (PL)</div> <div>Buddy Swim 1:30-4pm (PL)</div> <div>Hamilton Parc's Farmer's Market 5-8pm</div>	<div>17</div> <div>MELT Class 9:30-10:30am (DMR)</div> <div>Buddy Swim 1:30-4pm (PL)</div> <div>Beauty &amp; Wellness Workshop with Carol Kott 2:30-4pm (Salon)</div>	<div>18</div> <div>Shopping Trip Hannafords 11am</div> <div>Buddy Swim 1:30-4pm (PL)</div> <div>Trivia Friday 2-3pm (CR)</div>	<div>19</div> <div>Breakfast With Your Neighbor 8:30-9:30am (CR)</div> <div>Movie Time Resident's Choice (THR)</div>
<div>20</div> <div>Sunday Matinee Resident's Choice (THR)</div> <div>Writing Club 2pm (LBR)</div> <div>Bonfire - Weather Permitting 6:30-7:30pm (CY)</div>	<div>21</div> <div>Movie Time "Your Cordially Invited" 11am-1pm (THR)</div> <div>Buddy Swim 1:30-4pm (PL)</div> <div>Chair Yoga Session 2-3pm (DMR)</div> <div>Stitch &amp; Sip 3:30-4:30pm (LBR)</div>	<div>22</div> <div>Fitness Liquid Flow Class 10-11am (PL)</div> <div>Buddy Swim 1:30-4pm (PL)</div> <div>Sips &amp; Snacks 2:30pm (CY)</div>	<div>23</div> <div>Fitness H2O Class 9:30-10:30am (PL)</div> <div>Buddy Swim 1:30-4pm (PL)</div> <div>Hamilton Parc's Farmer's Market 5-8pm</div>	<div>24</div> <div>MELT Class 9:30-10:30am (DMR)</div> <div>Buddy Swim 1:30-4pm (PL)</div> <div>PT/OT Workshop 2-3pm (Guest Suite)</div>	<div>25</div> <div>Zumba 10am (DMR)</div> <div>Shopping Trip Trader Joe's 12pm</div> <div>Buddy Swim 1:30-4pm (PL)</div> <div>Trivia Friday 2-3pm (CR)</div>	<div>26</div> <div>Breakfast With Your Neighbor 8:30-9:30am (CR)</div> <div>Movie Time Resident's Choice (THR)</div>
<div>27</div> <div>Sunday Matinee Resident's Choice (THR)</div> <div>Bonfire - Weather Permitting 6:30-7:30pm (CY)</div>	<div>28</div> <div>Movie Time "Twisters" 11am-1pm (THR)</div> <div>Buddy Swim 1:30-4pm (PL)</div> <div>Chair Yoga Session 2-3pm (DMR)</div> <div>Stitch &amp; Sip 3:30-4:30pm (LBR)</div>	<div>29</div> <div>Fitness Liquid Flow Class 10-11am (PL)</div> <div>Buddy Swim 1:30-4pm (PL)</div> <div>Painting with Janice 2-3pm (AC)</div>	<div>30</div> <div>Fitness H2O Class 9:30-10:30am (PL)</div> <div>Buddy Swim 1:30-4pm (PL)</div> <div>Hamilton Parc's Farmer's Market 5-8pm</div>	<div>31</div> <div>MELT Class 9:30-10:30am (DMR)</div> <div>Buddy Swim 1:30-4pm (PL)</div>		

LOCATION KEY

Community Room (CR)  
Arts and Crafts (AC)  
Dance & Music Room (DMR)  
Courtyard (CY)  
Tavern (TVN)

Theater (THR)  
Library (LBR)  
Yoga Room (YR)  
Game Room (GR)  
Pool (PL)

NEW RESIDENTS

John Fisher  
John & Donna Rozon  
Deborah Spoechel  
William & Rosa Belleville  
Cynthia Ravidia

HAMILTON PARC HAIR AND NAIL SALON

Kella Seeber (518) 229-9300  
Hunter Collins (315) 868-3647  
Tania Panthen (518) 446-9882

LINK PT/OT

Rebecca Cobell (973) 580-2444  
MASSAGE THERAPIST: Kristi Liberty (518) 928-6074  
PERSONAL TRAINER: Kerry Kaufman (518) 331-1455

CONTINENTAL BREAKFAST

Available Daily  
8-10am

IMPORTANT INFO

Community Manager - Jeanne (518) 456-0004 (opt 2)  
Concierge - Front Desk (518) 456-0004 (opt 0)  
Leasing - Pam (518) 456-0004 (opt 1) or Polly (opt 3)